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TRABOCCHI COAST WITH EXPERIENCES, TRAILS, AND FLAVORS FROM CASA DEDA

A guide for those seeking authenticity, nature, and seaside beauty in Abruzzo.







Welcome to Casa DeDa, a charming retreat in the heart of the Trabocchi Coast, in Fossacesia.

Here, every detail is designed to offer you a relaxing, authentic stay, surrounded by the beauty of Abruzzo's nature and traditions. This guide is our invitation to discover the very best this wonderful land has to offer.













🚴 Via Verde:

Travel along a coastal cycling and walking path, perfect for biking, sports activities, or leisurely strolls.

Coast by kayak

Discover the magic of the Trabocchi Coast from two unique perspectives: let yourself be lulled by the waves aboard a tour boat, or embrace adventure by paddling a kayak through breathtaking landscapes and ancient trabocchi suspended over the sea. An unforgettable experience blending relaxation and nature!

Y Local Tastings Experience authentic Abruzzo with local wines, olive oils, and farm-totable products.

Local Arrosticini
End your day with the traditional
flavors of Abruzzo, enjoyed in the
open air.

Discover the inland areas and historical wonders nearby:

Half-day trips:

- Abbey of San Giovanni in Venere
- Village of Rocca San Giovanni
 Full-day trips:
- Punta Aderci Nature Reserve
- · Lanciano and its historic center
- Majella National Park for a mountain adventure

Itinerari consigliati: https://www.komoot.com/it-it/highlight/3266781

https://www.vasteggiando.it/it/itinerariofossacesia-rocca-san-giovanni-san-vito-chietino/

https://www.bikeitalia.it/2025/04/15/costa-deitrabocchi-tutte-le-novita-2025-e-la-mappaaggiornata-della-rete-ciclabile/

Don't forget your camera and comfortable shoes!





Flavors of the Region:

Abruzzo is a land of strong, authentic flavors:

- Fish Brodetto (seafood stew)
- Pasta with "Pallotte Cacio e Ova" (cheese and egg balls)
- Montepulciano d'Abruzzo and Pecorino wines
- Traditional Abruzzese Arrosticini (grilled lamb skewers)



Recommended by Us:

- Il Trabocco Punta Cavalluccio Restaurant
- "Da Livio" Restaurant
- Da Rocco" Restaurant
- Lido Pesce Palombo
- Noah's Dream
- Tastings at Local Wineries



At Casa DeDa you will find:

- Welcoming and Bright Spaces
- A Fully Equipped Kitchen to Make You Feel at Home
- Comfortable Bedrooms with Designer Touches
- A Small Terrace Perfect for Relaxing Moments

Each space has been carefully designed with love to offer you comfort and tranquility.





Check-in: dalle ore 15:00 Check-out: entro le ore 10:00



House Rules

- No smoking indoors
- No pets allowed
- · Respect the neighborhood's peace and quiet
- Turn off lights and air conditioning when you leave

Useful numbers

- Casa DeDa (Host): +39 3208155966
- Emergency Room Lanciano: 0872 706230
- Medical Guard Fossacesia: 0872 607708
- Carabinieri (Military Police): 112
- Police: 113
- Fire Department: 115





For information, suggestions, and reservations:

info.prenotazionicasadeda@gmail.com



Follow us: 🔯 Instagram:

ecasadeda_fossacesia





